RYANS FAMILY FOUNDATION

True Recovery FOR SINGLE MOMS

The Legacy She Builds Collective

About The Legacy She Builds Collective

The Legacy She Builds Collective is a 12-month cohort-based program designed to support single mothers through mentorship, community, and access to meaningful resources. The program focuses on strengthening the foundation of the family by investing in the growth, stability, and leadership of the mother.

Participants will engage in a structured experience that encourages personal development, goal-setting, accountability, and connection with other women on a similar journey. Our aim is not only to provide support, but to help women build sustainable momentum that impacts their families for generations.

RYANS FAMILY FOUNDATION

True Recovery FOR SINGLE MOMS

The Legacy She Builds Collective

Who is the best fit?

While many women could benefit from additional support, this program is specifically designed for those who are in a position to actively participate and grow within a cohort environment.

We ask that you nominate women who demonstrate:

- A strong commitment to their children and family
- A desire for personal growth and openness to learning
- A willingness to engage in mentorship, community, and program activities
- A level of stability that allows them to participate consistently
- Initiative toward their goals, even if still in progress
- Accountability and follow-through in their current responsibilities

RYANS FAMILY FOUNDATION

True Recovery FOR SINGLE MOMS

The Legacy She Builds Collective

Guide for Choosing Nominees

We encourage you to be thoughtful and intentional in your nominations. Please consider individuals you genuinely believe will:

- Fully commit to the 12-month program experience
- Contribute positively to a cohort of peers
- Benefit from and apply the resources provided
- Create lasting impact within their families and communities
- Stay connected to continue growth and support future cohorts

Submit Nominations